

# CHERBOURG COMMUNITY FEEDBACK

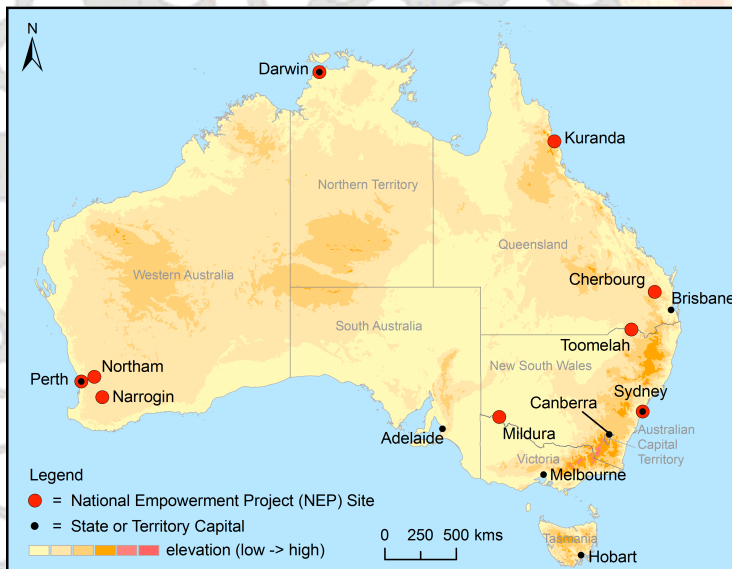
## 2013

### Developing an Innovative, Empowerment and Leadership Program - Promoting Cultural, Social and Emotional Wellbeing for Aboriginal and Torres Strait Islander peoples

#### COMMUNITY FEEDBACK

##### Where did we go?

The National Empowerment Project consulted widely with communities in 8 sites across the country – Perth, Narrogin, Northam/Toodyay, Kuranda, Cherbourg, Toomelah, Sydney and Mildura.



Based on the successful Kimberley Empowerment Project, this national project worked towards finding holistic, cultural and local relevant solutions to the crisis of cultural, social and emotional wellbeing and suicides in the community, building on the strengths within individuals, families and communities.

##### Communities were asked:

##### What are the Issues Confronting Individuals, Families and Communities?

##### This is what the community told us:

- Youth-related Issues
- Family-related Issues
- Personal/Relationship Issues
- Substance Abuse
- Violence
- Community Future
- Employment-related Issues
- Health/Mental Health

##### What makes Individuals, Families and Communities Stronger?

- Shared Family Activities
- Supportive Environment
- Education
- Better Interpersonal Relationships
- Community Working Together
- Cultural Knowledge and Practice
- Focus on Youth
- Police/Justice System
- Personal Empowerment/Self Care

##### Preferred Cultural, Social and Emotional Wellbeing, Empowerment and Healing Programs

- Health Focus
- Youth Focus
- Gender-based Programs
- Cultural Focus
- Physical Activity/Sporting Focus
- Family-Focused Social Activities







### Barriers for Introducing Programs

- Program Operational Aspects
- Other Commitments
- Negativity/Reluctance
- Transport Difficulties
- Funding Issues
- Shame/Shyness

### What do people want in a Program?

- Programs Focused on Practical and Life Skills
- Program Operational/Presentation Aspects
- Programs with a Cultural Focus
- Youth/Children's Focus
- Local Delivery of Programs
- Physical Activities Focus

### Where to from here?

We will be relaying to government and relevant organisations, agencies and people that they need to hear the voices of Aboriginal and Torres Strait Islander peoples and provide more resources to develop local programs that can help individuals, families and communities deal with and respond to the high levels of community distress, suicide and the many issues relating to cultural, social and emotional wellbeing.

The National Empowerment Project will assist to further develop a program for each of the 9 sites across the country that:

- responds to the different needs and issues identified by communities
- is well resourced and relevant to local issues
- respects and supports individuals, families and communities to empower and continue peoples journey of healing over the longer term.

We are about to assist in developing a cultural, social and emotional wellbeing program for each of the sites involved in the Project, and will continue to work with the communities to ensure that funds are sought and ongoing support is provided.

### Project Team

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If you want more information or want to talk to someone about this project you can call 08 6488 6926 or visit our website <http://nationalempowermentproject.org.au/>

