

National Empowerment Project

Promoting Cultural, Social and Emotional Wellbeing

Announcements

The National Empowerment Project has been extended for another 12 months through the Commonwealth Department of Health.

The NEP team looks forward to working with and supporting all NEP partner organisations and communities over the coming 12 months.

NEP Queensland

The Queensland Mental Health Commission has continued to provide support for the ongoing delivery and implementation of the NEP's *Cultural, Social and Emotional Wellbeing Program* in Kuranda and Cherbourg. Ngoonbi Cooperative as the lead host agency in Queensland has received further funding from the Commission to continue the work of the NEP until December 2015.

The Queensland Aboriginal Islander Health Council (QAIHC) has also provided additional support to the NEP by providing opportunities for Mental Health First Aid training for community members in both Kuranda and Cherbourg. To date, 10 people in Kuranda and 11 in Cherbourg have completed the training.

Another exciting opportunity has also come about with William 'Biri' Duffin being accepted to participate in the Australian Indigenous Leadership Centre's Certificate II in Indigenous Leadership course. It is hoped that other NEP Community Co-researchers and community leaders will also engage with this type of formal training.

QLD NEP CSEWB Video

As part of NAIDOC celebrations around the country recently, the QLD Mental Health Commission developed a promotional video about the work of the NEP and some of the successes to date with the delivery and roll out of the CSEWB Program. The video featured voices of NEP Community members including, Glenis Grogan, Bronwyn Murray and Walter Brim. The QLD Mental Health Commissioner Lesley van Schoubroeck also spoke about the unique characteristics of the Program.

A copy of the promotional video can be accessed via the link below -

<http://www.qmhc.qld.gov.au/work/promotion-awareness/aboriginal-and-torres-strait-islander-mental-health/national-empowerment-project/>

Contents:

- ❖ NEP Funding
- ❖ NEP Queensland
- ❖ QLD NEP Promotions
- ❖ New NEP Community Co-researchers
- ❖ NEP Training Workshop
- ❖ NEP Reports
- ❖ ATSIPEP
- ❖ NEP website

New NEP Community Co-researchers

Denise Tranby - Kuranda



Nigel Williams - Cherbourg



Indi Clarke - Mildura



Maria Unmeopa - Mount Gambier



NEP Training Workshop - June 2015



The Project held its second Training workshop as part of NEP Phase 3 with the local community co-researchers in Fremantle recently. The primary focus of the workshop was to provide a co-researchers with a detailed 3-day Train-the-trainer program based on the delivery of the *Cultural, Social and Emotional Wellbeing Program*.

It was also a great opportunity to meet and welcome some of the Project's newest community co-researchers, those of which are featured above.

NEP Site Reports

NEP site reports for Geraldton, Darwin and Mount Gambier have now been completed. Geraldton's report has been disseminated to the community and is up on the NEP website. The Mount Gambier and Darwin site reports will be on the website very soon and ready for dissemination locally.

Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project

The National Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project (ATSISPEP) is being undertaken by the School of Indigenous Studies in partnership with the Telethon Kids Institute/University of Western Australia. The Project is being led by Professor Pat Dudgeon.

The project will formally evaluate a range of existing Aboriginal and Torres Strait Islander suicide prevention programs and services, many of which have not been previously evaluated. This will enable the development of a much-needed evidence base for understanding what is working in Aboriginal and Torres Strait Islander suicide prevention. This process will be further informed by community understandings of suicide and what is needed to prevent suicide in communities identified as high risk and to support communities where suicides or self harm have occurred, It will also be underpinned by research on national and international best practice.

To date there have been several community and topic-specific roundtables held across the country to help inform the work of the Project, including an opportunity for community members and services to provide information about 'what works' and 'what doesn't work' in relation to Aboriginal and Torres Strait Islander suicide prevention.

The NEP features as one of the projects in scope as part of this evaluation project.

Further information about the ATSISPEP can be found using the following link - <http://www.atsispep.sis.uwa.edu.au/>

NEP Website

We encourage you to check out the website for updates and to contribute news to the website. Please let Carolyn know any news of interest relevant to you and your community that we can post on the website.

If you have any notable news or information that you would like to share with the Project, please send in your information to Carolyn Mascall:

carolyn.mascall@uwa.edu.au

Telephone – (08) 6488 6926

