

National Empowerment Project

Promoting Cultural, Social and Emotional Wellbeing

NEP newsletter, March 2016

Dear NEP Community Consultants, Partner Organisations and National Advisory Committee members.

Welcome to our first newsletter for the year. We are very excited, as we will be holding our next meeting(s) in Alice Springs prior to the conference, which we will all be attending. Don't worry about your registrations as we are booking you in.

We will be calling on NEP people to do various conference roles such as support people facilitators and counsellors.

Also in this newsletter is a brief overview of the Fremantle workshop. Our film clips hopefully will be ready for the Alice Springs meeting. There are also some news updates from our NEP people.

NEP meeting

Community Consultants,
National Advisory Group and
Partner Organisations
Alice Springs

Wednesday, 4th May 2016



The graphic features three vertical panels on the left with blue and white wavy patterns. The right panel is a solid blue box with white text.

Save the Date

Coming Together for a Greater Tomorrow:
Aboriginal and Torres Strait Islander
Suicide Prevention
Conference

5 - 6 May 2016

Alice Springs Convention Centre NT

Invite your colleagues and friends to the Alice Springs Conference!

NEP Workshop - 22-23 February in Fremantle

During the two days workshop community consultants worked on updating the resources for the CSEWB program, overviewed the program delivery in Kuranda and Cherbourg, participated in a SEWB workshop and a Gender and SEWB Workshop. The ATSI SIPEP framework was presented along and update of NEP site submissions.

While the NEP CSEWB program is being delivered in Queensland the NEP team have been liaising with the QLD team to identify changes that are required to make the program better. During this time the most evident changes were to the visual resources.

Consultants workshopped the ideas of the existing videos. We look forward to seeing



the final resources from the production team.

We also thank Clinton Schultz who presented on Social and Emotional Wellbeing and which was really appreciated by all.



Community Consultant News

Donna Ingram from Sydney welcomes her first granny, Aaliyah, born 7th December 2015, seen here in the arms of Clover Moore, the Lord Mayor of Sydney at Yabun Day Concert (26th January).



Donna also did a Welcome to Country for Australian Hearing Aboriginal Staff Conference recently. Troy Cassar-Daley is the patron for Australian Hearing and he performed on the night. A great Youtube video by Australian Hearing and Troy is called 'I Can Hear You Now'. If you feel like a cry, look it up. It is fantastic and inspiring.




Indi and Nigel in Fremantle, Feb 2016

Congratulations to Indi Clarke
Mallee District Aboriginal
Services
2016 Mildura Young Citizen of
the Year award

please read on the following page
Indi's very humbling speech





Today I had the extreme privilege of receiving the 2016 Mildura Young Citizen of the Year award. An instead of writing all my big thank yous etc again, I thought instead that I would post my acceptance speech, which will convey my thoughts to those that have helped me but also show how grateful I am and extremely appreciative of this special occasion. "I want to say how appreciative and grateful I am for this award, this is truly a humbling experience and something that I will hold dearly and will never forget. But in saying that this wouldn't have been possible without a lot of special people behind me. I want to thank everyone who has played a part in my journey from those at my work and to those of my friends. But I especially want to thank my beautiful family.... in particular my mum, my sister and of course my beautiful partner. This wouldn't have been possible without you guys and all the support you guys have given me over the years.. But I also need thank my greatest role model and mentor, my beautiful father who sadly is not with us today but has been with me every day of my life since his passing and still finds a way to help and guide me through my journey to this very day. Any person that knew my father Peter Clarke knows that he was a very passionate man about his culture an I too follow in those footsteps.

An this is what thankfully led me to MDAS, who I want to thank for giving me the opportunity in my career. They have helped me develop both professionally and personally and have done nothing but support me over the last 2 years that I have worked for them. Lastly I want to thank my ancestors and my elders both past and present as without those great leaders, today I would be nothing. This day for my people can be painful and if you look back on the true history of this country, you get a sense for why that is. But for me recognition of the past is part of celebrating the now, the present and the future and the great life that I have been gifted with and everyone in this country has been gifted with. My Uncle Richard J Frankland has a great saying and this is something that has always stuck with me and drives me through my journey. It goes "I am 1 of 1500 generations and I walk in the footsteps of my ancestors." and I like to think of that because when I stand here today that is a part of me and it is now mine and everyone's time to create footsteps for those that come after us. Happy Australia Day but as I like to call it Happy Share the Spirit day. Thank you everyone and I hope you all enjoy yourselves today."

Conferences

Pat presented a keynote presentation at the West Australian Mental Health Conference on 11th March 2016.

Pat's presentation focussed on the National empowerment Project and Suicide Prevention.

Pat was also a panellist on a Yarning Circle with Richard Walley, Michael Wright, Ingrid

Website/s

We encourage you to check out the website for updates and to contribute news to the website. Please let Carolyn know any news of interest relevant to you and your community that we can post on the website.

There have been quite a number of recent news articles posted.

- Also look at the ATSIPEP website for updates.

Please send your news to carolyn.mascall@uwa.edu.au

Telephone - (08) 6488 6926

